

# CHILD LIFE

## NAVIGATING THE HOSPICE JOURNEY WITH CHILDREN



### WHAT IS A CHILD LIFE SPECIALIST?

A trained professional who utilizes their knowledge of child development and age-appropriate therapeutic activities to educate, prepare and support children and family members when a loved one is on hospice. Child Life Specialists provide individualized care to children through play, self-expression activities and developmentally appropriate preparation and education.

### HOW CAN CHILD LIFE HELP?

- Assistance with developmentally appropriate language to use when talking to children about hospice and the death of a loved one
- Help disclosing the death of a loved one to a child
- Help explaining funerals and cremation
- Support provided in home and/or inpatient center setting
- Ongoing bereavement support for children as needed
- Family centered legacy building activities



### SERVICES PROVIDED

- Home Visits
- Pre & Post Bereavement Support
- Parental Education & Consultations
- Developmental Support
- Therapeutic Activities
- Grief Resources & Referrals
- Legacy & Active Memory Making Opportunities
- Peer Support Groups & Grief Camps



**ASK YOUR HOSPICE TEAM HOW TO PLACE A CHILD LIFE REFERRAL FOR YOUR CHILDREN.**

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