



FOREFRONT LIVING

## Resource Directory of Grief Support Services

*Most people who have lost a loved one to death experience various reactions to the loss. Some reactions may be physical, emotional, spiritual, or psychological. Even though these reactions may be uncomfortable and at times, debilitating and exhausting, they are considered the normal course of grief. Who dies: mother, father, spouse, sibling, child; how they die: expectedly, suddenly, after a long illness; how much they were a part of our daily lives; all are factors in the grief journey. For some, traveling through this journey may be easier with guidance and support. We offer the following resources to help you navigate your grief journey.*

### FAITH PRESBYTERIAN HOSPICE MONTHLY SUPPORT GROUPS

#### **Methodist Charlton Medical Center\***

3500 Wheatland Road, Dallas, TX 75237  
Conference Room 3  
2nd Thursday of each month  
9:30am-10:30am, Loss of a Spouse  
11am-12pm, Loss of a friend or close family member

#### **Methodist Richardson Medical Center\***

2831 E. President George Bush Highway  
Richardson, TX 75082  
Education Room C  
2nd Wednesday of each month  
11am-12pm

#### **Methodist Dallas Medical Center\***

1441 N. Beckley Ave., Dallas, TX 75203  
Weatherford Conference Room  
4th Thursday of each month  
11am-12pm

#### **T. Boone Pickens Hospice & Palliative Care Center**

12477 Merit Drive, Dallas, TX 75251  
Spiritual Care Center  
2nd Tuesday of each month  
10am-11:30am  
*RSVP required, 469-404-5239*

#### **T. Boone Pickens Hospice & Palliative Care Center**

12477 Merit Drive, Dallas, TX 75251  
Spiritual Care Center  
4th Thursday of each month  
6:30pm-8:00pm  
*RSVP required, 469-404-5239*

\*In collaboration with Methodist Generations

RSVP required, 214-947-4628



Camp Faith



Faith Kids

**Camp Faith** is a FREE one day camp for children ages 3 to 18 years old and their family members who have experienced the loss of a parent or grandparent. This event is held twice annually during the summer and winter.

**Faith Kids** is a FREE support group for children ages 3 to 18 who have experienced the loss of a parent or grandparent. Groups are available for those who have experienced sudden, unexpected losses as well as loss from illness, and meet on the 2<sup>nd</sup> and 4<sup>th</sup> Thursdays of each month from 6:30pm-8:30pm. Dinner is provided.

To register for these events please call 972-239-5300 or email [FaithKids@prescs.org](mailto:FaithKids@prescs.org)

Groups meet at 12467 Merit Drive, Dallas, TX 75251

Please note: This list is for reference only. Faith Presbyterian Hospice does not endorse any of these organizations, programs, therapists, or their services, and encourages you to **contact each directly for accurate dates and times.**

## Community Support

### **Collin County**

#### ***Medical City Plano***

Healing Matters Group, Loss of Loved One or Spouse  
3901 W. 15th Street  
Plano, TX 75075  
Call 972-519-1588 for more information

#### ***Cancer Support Community***

Ongoing and six-week groups for adults and children  
TX Health Presbyterian Hospital Plano  
6300 W. Parker Rd, MOB 2, Suite 129A,  
Plano, TX 75093  
Call 972-981-7020

#### ***St. Mark the Evangelist Catholic Church***

Support groups and workshops  
1201 Alma Drive, Plano, TX 75075  
Call 972-424-5794 or visit  
[stmarkplano.org](http://stmarkplano.org)

### **Dallas County**

#### ***Faith & Grief Luncheons***

Exploring the intersection of faith & grief  
Monthly meetings across DFW  
Check website for dates and locations  
[www.faihandgrief.org](http://www.faihandgrief.org)

#### ***VNA Monthly Bereavement Luncheons***

Dallas, Church of the Incarnation  
3966 McKinney Avenue, Dallas 75204  
Call 214-689-2633 or email  
[rafferts@vnatexas.org](mailto:rafferts@vnatexas.org) to RSVP

Garland, First United Methodist Church  
801 W. Ave B, Garland, Texas 75040  
Call 214-689-2922 or email  
[rafferts@vnatexas.org](mailto:rafferts@vnatexas.org) to RSVP

#### ***Grief and Loss Center of North Texas***

Ongoing and six-week groups, counseling  
Call 214-452-3105 or email  
[hope@mygriefandloss.org](mailto:hope@mygriefandloss.org)

#### ***First Presbyterian Richardson***

Grief Support Group  
271 Walton Street, Richardson, 75081  
Call 972-235-2316

#### ***Widowed Persons Services***

Counseling, Meetings,  
Newsletter, and Social Activities  
9027 Midway Rd., Dallas, TX 75209  
Call 214-358-4155

#### ***Cancer Support Community***

Ongoing and six-week groups for adults and children  
TX Health Resources University  
8196 Walnut Hill Lane, Dallas, TX 75231  
Call 214-345-8230

#### ***Preston Hollow Presbyterian Church***

Groups, counseling, and lunch meetings  
9800 Preston Road, Dallas, 75230  
Call 214-368-6348 ext. 134  
or visit [www.phpc.org/grief](http://www.phpc.org/grief)

#### ***Friendship West Baptist Church***

Comforters Community monthly grief support meeting  
2020 W. Wheatland, Dallas, TX 75232  
972-228-5200 or visit [friendshipwest.org](http://friendshipwest.org)

### **Denton County**

#### ***First Denton, Grief Share***

1100 Malone St., Denton, TX  
Call 940-391-0435 or visit  
<http://firstdenton.org/hhministry>

### **Kaufman County**

#### ***Texas Health Kaufman***

Grief Support Group  
850 Ed Hall Drive, Kaufman, TX 75142  
Call Chaplain Collins at 972-932-5400

### **Rockwall County**

#### ***Lake Pointe Church***

Ongoing groups for those struggling with the loss of a loved one or child  
701 E. I-30, Rockwall, TX 75087  
Call 469-698-2250 for more information

### **Tarrant County**

#### ***VNA Hospice***

Workshops, bereavement luncheons, and support groups  
Email [moorek@vnatexas.org](mailto:moorek@vnatexas.org) for more information

#### ***Cancer Support Community***

Ongoing and six-week groups for adults and children  
TX Health Harris Methodist Hospital Alliance  
10840 Texas Health Trail, Suite 120, Fort Worth, TX 76244  
Call 682-212-5400

#### ***Widowed Persons Service***

Grief support groups and activities for widowed persons  
2906 SE Loop 820 Suite A, Fort Worth, TX 76140  
Call 817-551-2922 or visit <http://wpstc.org/>

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## Support for Violent Deaths

### **Victims Outreach**

Support for crime victims, homicide support group.  
Call 214-358-5173

### **Trauma Support Services of North Texas, Inc.**

Therapy and support for trauma survivors.  
Call 972-709-4904 or visit [tsnt.org](http://tsnt.org) for more information

## Suicide Loss

### **Suicide & Crisis Center Of North Texas**

Survivors of Suicide 8 week support group and ongoing programs  
Call 214-824-7020, email [SOS@sccenter.org](mailto:SOS@sccenter.org) or visit [www.sccenter.org](http://www.sccenter.org)

### **24 Hour Suicide Crisis Line**

214-828-1000 or 800-273-8255

## Support For Grieving Children

### **24 Hour Child/Teen Crisis Line**

972-233-8336

### **Grief Works**

Support groups and counseling for children in Dallas & Fort Worth  
Call 972-960-9981 or visit <http://www.christian-works.org/contact/>

### **Grief Busters**

Support groups for children who have lost a loved one to cancer  
Call 214-345-8230 or visit [www.cancersupporttexas.org](http://www.cancersupporttexas.org)

### **Journey of Hope Grief Support Center, Inc.**

Support groups and gatherings for children and families  
3900 W. 15th St., Suite 306,  
Plano, TX 75075  
Call 972-964-1600 or visit <http://johgriefsupport.org/>

### **The Warm Place**

Support groups for children and families  
809 Lipscomb, Fort Worth, TX, 76104  
Call 817-870-2272 or visit [www.thewarmplace.org](http://www.thewarmplace.org)

### **SAM's Place at Grief and Loss Center of North Texas**

Children and teen groups, ages 4 -18. For those who have experienced the loss of someone special in their lives.  
Call 214-452-3105

### **Camp El Tesoro de la Vida**

Week long camp for children age 6-17 who have lost a loved one  
<https://www.campfirefw.org/youth/camps/>

### **Camp Faith**

Summer and Winter day camps including games, activities, education, and encouragement for children and families  
Call 972-239-5300

### **Camp Sol**

Weekend camps for families that are grieving the loss of a child  
Call 214-456-8119 or visit [www.campsol.org](http://www.campsol.org)

### **Camp Erin**

Weekend camp for children and teens who are grieving  
Call 972-960-9981 or visit <http://www.christian-works.org/works/camperin/>





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## Grief Therapists

**Allison Barton, LCSW**  
In home visits  
allison@bartoncounseling.com  
214-986-4917

**Larry M. Barber, LPC-S, CT**  
8641 5th Street, Suite W6  
Frisco, TX 75034  
[Griefminister01@gmail.com](mailto:Griefminister01@gmail.com)  
214-460-2025

**A. Clare Buie Chaney, PhD, LPC**  
7557 Rambler Road, Suite 700  
Dallas, TX 75231  
214-906-4869

**Denise Donofrio, LCSW, LPC**  
6842 Lebanon Road, Suite 103  
Frisco, TX 75034  
[denise@friscocounseling.org](mailto:denise@friscocounseling.org)  
972-380-1842

**Bobbi Garmany, MS, LPC-S**  
2309 Boll Street  
Dallas, Tx 75204  
[bobbi@bobbigarmany.com](mailto:bobbi@bobbigarmany.com)  
469-222-1240

**Elizabeth Kent, LCSW**  
10000 N. Central Expy, Suite 400  
Dallas, TX 75231  
Call 214-412-8418  
<http://elizabethkent.net/>



**Psychology Today**  
Therapist Search  
<http://therapists.psychologytoday>

## Bereavement Websites

[aarp.org/home-family/caregiving/grief-and-loss/](http://aarp.org/home-family/caregiving/grief-and-loss/)  
Bereavement information and resources

[centerforloss.com](http://centerforloss.com)  
Links to books and articles on grief by counselor and educator Alan Wolfelt, PhD

[centering.org/catalog/index.php](http://centering.org/catalog/index.php)  
Extensive list of books and other resources for people who are grieving

[griefshare.org](http://griefshare.org)  
Information about seminars and support groups, email newsletters

[adultsiblinggrief.com](http://adultsiblinggrief.com)  
Self-help support group for adults who have lost an adult sibling

[griefandrenewal.com](http://griefandrenewal.com)  
Articles, bookstore, discussion groups, Widows International links, grief resources

[griefhealing.com](http://griefhealing.com)  
Website with literature, resources, articles on loss and pet loss, discussion groups

[compassionatefriends.org](http://compassionatefriends.org)  
Supportive organization for families who have experienced the loss of a child

[connect.legacy.com](http://connect.legacy.com)  
Online community including support groups, grief counseling, advice, and grief articles

[widownet.org](http://widownet.org)  
Information and self-help resources for widows and widowers, discussion boards, articles

[griefnet.org](http://griefnet.org)  
Email support groups and resources

[widowedparent.org](http://widowedparent.org)  
Support and resources for widowed parents

[whatsyourgrief.com](http://whatsyourgrief.com)  
Support, education, blog, and practical suggestions

## Military Resources

**Military One Source**  
Information about support groups, resources for military families, assistance, and more  
Call 800-342-9647 or visit  
<http://www.militaryonesource.mil/family-and-relationships/casualty-assistance-and-surviving-loss>

**Tragedy Assistance Program for Survivors**  
Peer support from Survivor Care Team, newsletter, grief counseling, and more  
Call 800-959-8277 or visit [taps.org](http://taps.org)

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## Community Counseling and Mental Health Resources

**Texas Health and Human Services**  
<https://www.dshs.texas.gov/mhsa/lmha-list/>

**Metrocare Services**  
[metrocareservices.org](http://metrocareservices.org)

**Pastoral Counseling Center**  
214-526-4525  
[pccdallas.org/](http://pccdallas.org/)

**Alcoholics Anonymous**  
[aa.org](http://aa.org)

**Green Oaks Hospital**  
[medicalcitygreenoaks.com/services](http://medicalcitygreenoaks.com/services)

**Child & Family Guidance Center**  
[childrenandfamilies.org](http://childrenandfamilies.org)

**SMU Center for Family Counseling**  
Call 972-473-3456 or visit  
[smu.edu/familycounseling](http://smu.edu/familycounseling)

**Jewish Family Service of Greater Dallas**  
Call 972-437-9950 or visit [jfsdallas.org](http://jfsdallas.org)

**Bilingual Services**  
**UNT Dallas Community Counseling Clinic**  
7300 University Hills, Dallas TX 75241  
Call 972-780-3646, email  
[counselingclinic@untdallas.edu](mailto:counselingclinic@untdallas.edu) or  
visit [untdallas.edu/ccc](http://untdallas.edu/ccc)

**Family Tree Program**  
[familytreeprogram.org](http://familytreeprogram.org)  
Llame 1-800-972-3416

**Centro de Mi Salud, Bilingual Behavioral Healthcare Services**  
Bilingual Counseling and Support for individuals and families  
628 Centre Street, Dallas, TX 75208  
Llame 214-941-0798  
[centromisalud.com](http://centromisalud.com)

**St. Mark the Evangelist**  
Llame 972-423-5600 o 972-424-5794  
[stmarkplano.org/espanol](http://stmarkplano.org/espanol)

**Catedral de la Esperanza**  
[cathedralofhope.com/nosotros](http://cathedralofhope.com/nosotros)

## Children's Counseling & Play Therapy

**Apple Counseling & Consulting**  
Multiple locations in DFW  
Call 214-618-8402 for more information  
<http://www.applecounseling.com/>

**Compass Psychological Associates**  
Psychological assessment services  
<http://www.compasspsych.com/index.html>

**TreeHouse Counseling**  
In office and mobile counseling  
Call 214-310-8826 for more information  
<http://www.treehousecounseling.com/>

**Andrea Davis Art & Dallas Art Therapy**  
Counseling and Art Therapy  
Call 972-880-5737 or email  
[adavisart@gmail.com](mailto:adavisart@gmail.com)  
<https://andreadavisart.com/>  
<https://dallasarttherapy.org/>

**HOPE Child & Family Center of Texas**  
Counseling and play therapy  
Call 214-674-3091 or email  
[hopecentertexas@yahoo.com](mailto:hopecentertexas@yahoo.com)  
<https://www.hopecentertx.com/>

**Brandi Chiarello, MS, LPC-S**  
Child, adolescent and family therapy; play therapy  
Call 469-321-6006  
<http://goffc.com/index.html>

**Lighthouse for New Hope**  
Groups and individual counseling, play therapy  
<http://www.lighthousefornewhope.org/home>

**Barbara Neal, LPC**  
Individual and family counseling  
Call 214-720-6060 for more info  
<http://www.barbaraneal.com/>

## Loss of a Child

**Medical City Plano**  
Pregnancy and infant loss support groups  
3901 W. 15th St., 2nd floor classrooms  
Call 972-519-1588 or visit  
[medicalcityplano.com/hl/support-groups.dot](http://medicalcityplano.com/hl/support-groups.dot)

**A Memory Grows**  
Retreats and support for parents who have experienced the death of young or adult children  
[www.amemorygrows.org](http://www.amemorygrows.org)

**Compassionate Friends**  
Support for parents and families that are grieving the loss of a child  
Call 877-969-0010 or visit  
[compassionatefriends.org/find-support/chapters/chapter-locator/](http://compassionatefriends.org/find-support/chapters/chapter-locator/)  
for more information about local chapters

**Methodist Charlton Hospital**  
Pregnancy and infant loss support groups  
3500 W. Wheatland Road  
Dallas, TX 75237  
Call 214-947-7127 or visit  
[methodisthealthsystem.org/supportafterloss](http://methodisthealthsystem.org/supportafterloss) for more information

## Recommended Reading

### **Storybooks for Children about Death, Dying, and Loss**

*I Miss You: A First Look at Death* by Pat Thomas

*A Story for Hippo* by Simon Puttock

*Gentle Willow: A Story for Children About Dying* by Joyce C. Mills

*Mama's Going to Heaven Soon* by Kathe Martin Copeland

*Everything Changes, but Love Endures: Explaining Hospice to Children* by Karen Carney

### **For Parents of Grieving Children**

*Helping Your Child Grieve* from Channing Bete Co.

*35 Ways to Help a Grieving Child* from The Dougy Center

*The Grieving Child: A Parent's Guide* by Helen Fitzgerald

*Guiding Your Child Through Grief* by James P. Emswiler and Mary Ann Emswiler

### **Workbooks for Grieving Children and Teenagers**

*When Someone has a Very Serious Illness: Children Can Learn to Cope With Loss and Change* by Marge Heegaard

*Fire in My Heart, Ice in My Veins: A Journal for Teenagers Experiencing a Loss* by Enid Samuel Traisman

*The Grieving Teen: A Guide for Teenagers and Their Friends* by Helen Fitzgerald

*Healing Your Grieving Heart For Teens: 100 Practical Ideas* by Alan Wolfelt, PhD

### **Death and Dying**

*Tuesdays With Morrie* by Mitch Albom

*On Death and Dying: What the Dying Have to Teach Doctors, Nurses, Clergy, and Their Own Families* by Elizabeth Kubler-Ross

*Where There are No Words: Finding Your Way to Cope With Loss and Grief* by Charlie Walton

*Healing After Loss: Daily Meditations for Working Through Grief* by Martha Whitmore Hickman

*Writing to Heal the Soul: Transforming Grief and Loss Through Writing* by Susan Zimmermann

*Final Gifts* by Maggie Callanan and Patricia Kelley

*Dying Well* by Ira Byock

*Men Coping With Grief* by Dale A. Lund

### **Loss of a Spouse**

*Option B* by Sheryl Sandberg

*Widowed* by Dr. Joyce Brothers

*Let Me Grieve, but Not Forever* by Verdell Davis

*Finding Your Way After Your Spouse Dies* by Marta Felber

*For Widows Only!* by Annie Estlund

*Widow to Widow – Thoughtful, Practical Ideas for Rebuilding Your Life* by Genevieve Davis Ginsburg

*The Tender Scar: Life After the Death of a Spouse* by Richard L. Mabry

*I'm Grieving as Fast as I Can: How Young Widows and Widowers Can Cope and Heal* by Linda Feinberg

*Getting to the Other Side of Grief: Overcoming the Loss of a Spouse* by Robert C. De Vries and Susan J. Zonnebelt-Smeenge

### **Loss of a Child**

*When the Bough Breaks: Forever After the Death of a Son or Daughter* by Judith R. Bernstein

*Tracks of a Fellow Struggler: Living and Growing Through Grief* by John Claypool

*How to Survive the Loss of a Child: Filling the Emptiness and Rebuilding Your Life* by Catherine M. Sanders

*If I Could Just See Hope* by Darcie D. Sims

### **Loss of a Parent**

*When Parents Die: A Guide for Adults* by Edward Myers

*Recovering From the Loss of a Parent* by Katherine Donnelly

*Children and Grief: When a Parent Dies* by J. William Worden

### **Loss of an Adult Sibling**

*Surviving the Death of a Sibling: Living through Grief When an Adult Brother or Sister Dies* by T.J. Wray

*Letters to Sara: The Agony of Adult Sibling Loss* by Anne McCurry

### **Loss of a Friend**

*When People Grieve: The Power of Love in the Midst of Pain* by Paula D'Arcy

*Don't Ask for the Dead Man's Golf Clubs: What to Do and Say (and What Not to) When a Friend Loses a Loved One* by Lynn Kelly

*When a Friend Dies: A Book for Teens About Grieving & Healing* by Marilyn E. Gootman

*Grieving the Death of a Friend* by Harold Ivan Smith

### **Special Issues**

*Messages and Miracles: Extraordinary Experiences of the Bereaved* by Louis E. LaGrand

*I Wasn't Ready to Say Goodbye: Surviving, Coping, and Healing After the Sudden Death of a Loved One* by Brook Noel